

LONG VALLEY MEN'S BASKETBALL LEAGUE 2015-2016

The first night of open gym will be Thursday, Sept. 10th, 2015, 6:30 at the Long Valley Middle School. The league format is open gym for 2 weeks, we pick teams (10 players/team, 10 teams) and we have practice games (no refs or score keeper) for 2 weeks.

We start the regular season in early October. We play games every Wed (6:30, 7:40 & 8:50 Start times) & Thurs (7:00 and 8:10) when the gym is available. If school is closed or a school function is scheduled we do not play. We have a single elimination playoff at the end of the season.

The cost for the league is \$150. This covers the cost of the insurance, refs, shirts and the league party at the end of the year.

Anyone interested in sponsoring a team please contact Walt Cullen.

If you are still interested you have to make at least 1 night of open gym before we will put you on team. I also post league info on our website www.lvmba.org

If you have any questions please write or call.

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